

I want to preclude this recommendation by saying I am a pro – choice advocate in regards to Covid 19 Health choices.

I was double vaccinated over June and July 2021 with no inducement or coercion, I decided as I was 'fully vaccinated' in all other areas then why not? Covid doesn't frighten me, but nor did a vaccination.

After 8 weeks, I developed a tight chest with, occasional palpitations, and to begin with ignored it.

This feeling remained, and after further 8 weeks of this I visited my usual health provider as I felt it just wasn't 'right'.

I was listened to, and tested, Anxiety was raised as a possible cause, however I didn't feel this was at all the issue. And while I was happy with the service, I received no valid proof or reasons as to why I was experiencing this discomfort.

A few weeks later the instances of pressure and breathlessness grew. I knew that I would need to go somewhere where the covid vaccination would be considered as a possible reason for this issue. Without being immediately discounted.

I chose NZDSOS because I believed them to be open to any and all reasons for these symptoms.

I had no prior health issues, took no medications and only being in my 30s with a young family I wanted to 'get to the bottom' of something I knew wasn't normal.

The Doctor I spoke to there was professional and friendly, she let me describe my symptoms with no prompting or coaxing. Giving minimal input while I laid everything out for consideration.

I was hoping to be told it was nothing. No-one goes purposely looking for a 'bad' health outcome.

However – with a diagnosis of probable myocarditis I was prescribed medication and within a week of taking this the symptoms do appear to be lesser, and I feel like I'm moving in the right direction.

At the end of the day whether this was caused by a vaccination or some dreaded bad luck and timing it doesn't really matter. What matters is having a health professional that listens and treats your illness. Regardless of the reason for it occurring.

Thank you NZDSOS.

I would recommend and continue to use your services for any and all health-related queries in the future.