

## One Health

An age-old concept of health is that the ecosystems we belong to all have an impact on our wellbeing. These include invisible organisms moving transiently across, and/or colonising our skin, airways and digestive systems (and occasionally causing disease); the animal and plant life around us; the air we breathe; the water that sustains us; and the climate. Taking care of natural water bodies; monitoring and controlling air pollution; maintaining areas for wild animals and native plants to thrive; keeping farm and domestic animals in good health; and cultivating healthy horticulture are examples of the things that humans do to protect our own health.

"[Driving health for all](#)" is a slogan being used at this year's World Health Assembly. This seems like a perfectly reasonable priority. Unless there are plans to use it as an excuse for constant and irrational surveillance of all aspects of life. As we are now seeing, WHO are mis-characterising natural events as emergencies in order to impose tyrannical monitoring and control.

An example seen during the Covid era is the fallacious view that the human naso-pharynx (nose, mouth and throat) is a sterile site, which must be tested for evidence of exposure to a germ regardless of a person's health status. Thousands of *potential* pathogens colonise our naso-pharynx on a daily basis without causing disease. The dynamic relationship between the human body and the germs which interact with us is a vital part of our ecosystem, with small exposures helping us build immunity against disease.

Other examples, all involving the use of pharmaceutical products and restrictions on human movement and activity, may include increased requirements for medical interventions to ourselves and our animals, governance over all plant life as hinted at in the [Therapeutic Products Bill](#), and blaming climate change on human causes without considering natural influences and/or natural climate cycles. These demands will all require and lead to extreme alterations to our liberties. The endless possibilities for restrictions and demands coincide with equally endless possibilities for enrichment and power of those enforcing the rules.

Another very concerning aspect of the One Health approach is an emerging ideology that all life is equal and of equal concern, relegating human life to equal position of non-human life. This is described in a January 2023 editorial in The Lancet, [One Health: a call for ecological equity](#). Zoonotic transmission (animal-to-human) is upheld as a serious risk, whilst the real and ongoing threat of [gain-of-function research](#) is entirely ignored.