

NZDSOS

2022 - 2023

Highlights & Milestones



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Our Vision

Message from the Executive

The members of the NZDSOS Executive team wish to thank New Zealanders for standing with us in our fight for medical freedom. Since we formed in April 2021 we have been persistent in standing against the harms done in the name of medicine and health.

In April 2024, NZDSOS will be turning three years old! Despite grave predictions, NZDSOS has not fallen. Rather, the very [organisations](#) that tried to bring about our demise are clearly damaged. We are now stronger and viewed by many as an authority on medical matters—the many sadly who no longer trust their own GPs or anyone in the medical system. It is this trust in doctors, once never questioned, that we continue to honour, to the best of our human ability, incorporating "first do no harm", informed consent, the precautionary principle, and the principles of the Nuremberg Code.

We see our biggest wins as contributing to an end to the mandates and the intention to establish a broad covid inquiry. This is not to ignore the many patients helped by the NZDSOS clinic ([NZD Holistic Health Collective](#)), the increased awareness among the public of the harms of the covid injection and the threats to our sovereignty by the unelected and unaccountable World Health Organization.

We envisage this awareness being the platform on which we can, with public support, build medical freedom.

*On Behalf Of NZDSOS,
Dr Alison Goodwin, Dr Cindy de Villiers, Dr Matt Shelton*

NZDSOS Executive Directors



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Reviewing and Updating our Objectives

Our initial objectives, based on our core vision of medical freedom remain pertinent. As events have unfolded over the past three years since NZDSOS was established, we have expanded our objectives to take into account the role of extra-national, industry and philanthropic influences on New Zealand's institutions.

Our original objectives

- Ensuring the ability of Medical Practitioners to speak without censure.
- Promoting Medical Freedom.
- Supporting the public with unbiased information and care.

Our 2023 updated objectives

1. Abandonment of the covid injections by the NZ government and its regulatory bodies including the MCNZ.
2. Acknowledgement by the NZ government of the harms caused by the covid injections and the mandates, along with a commitment to fully investigate every report of possible harm associated with the injections.
3. A "Truth & Reconciliation" type investigation into the covid response, run by fully independent people with no conflicts of interest.
4. Freedom of doctors to practice and speak in line with Primum

Non Nocere, Informed Consent, The Right to Refuse Medical Treatment, The Nuremberg Code and the New Zealand Bill of Rights.

5. Regain control of our national health strategy by a truly independent body, that adheres to an inclusive, evidence-based approach; starting with the implementation of strict separation of industry and regulatory bodies, such as Medsafe and the MCNZ.
6. Restoring national sovereignty, starting with complete independence from the [World Health Organization](#).



Our Progress

We are still here

NZDSOS, despite attempts to cancel and gaslight us by regulatory bodies and other groups, remains an authoritative organisation with a growing membership. As we continue to bring attention to the harms that have been imposed on us, and the threats that are smouldering in the ever decreasing shadows, more people are coming to the realisation that all is not as it

seems. Despite doctors and other health care professionals being threatened and scared into remaining silent and toeing the line, more continue to join us and, anecdotally, many more support us.

The group of doctors who signed the pro-vaccination statement, surreptitiously adding the names of some of the NZDSOS doctors, seems to have vanished. The

anonymous group who tried to copy our then very basic website, to throw punters off the right track, has also disappeared. With thanks to our supporters, our website is now a professionally delivered resource, reflecting the vision of our organisation and that of aligned New Zealanders. It is about to undergo another iteration, reflecting the changing political and health environment.

When the doctors of NZDSOS got together, we did not have a name or a mission statement, but we had something in common and we knew we had to take action. We have now grown into a professional not-for-profit organisation that is focused on health, freedom, sovereignty and accountability.

An outsider's impression of Red Remembrance Day - Wellington 2023. Contributed by 'Outsider' on redremembrance.co.nz



More people are informed

It may seem that many New Zealanders are trying to get on with their lives, many trying to look the other way as if nothing has happened. However, the majority know of the poor state of our hospitals and the medical system generally, where getting in to see a GP can take 4 weeks. Many know of people who have died or developed debilitating illness unexpectedly. Even the mainstream media can no longer ignore what is happening to the health of New Zealanders. The legacy media reporters may not want to join the dots but fewer and fewer Kiwis are taking the [jabs](#), or tuning in to their broadcasts.

The actions, funding sources and hidden agendas of supra-national

bodies such as the World Health Organization, World Economic Forum and the United Nations are becoming known increasingly to the public. We are cautiously pleased to learn that the Ministry of Health has rejected amendments to the International Health Regulations (IHR) which means New Zealand now has 24 rather than 12 months to integrate regulations by the IHR into its law and has 18 months rather than 10 months to revoke or reserve our position. We still have a long way to go, but many more people are aware of the risks to our sovereignty by the WHO IHR amendments and Pandemic Treaty.



Political change is occurring

NZDSOS, along with its supporters, have placed significant pressure on politicians effecting a coalition agreement that takes into account their views on the hideous Therapeutic Products Act, which had the scope to restrict access severely to natural health products. Political pressure is also enabling the previous Prime Minister's wholly inadequate Royal Commission of Inquiry into the government's covid response to be expanded. We applaud the many citizens who raised their objections to the Act and pushed for a broader inquiry. The terms of reference for the updated inquiry into covid have not yet been made public. However, NZDSOS will continue to exert pressure on the government and encourage its supporters to do the same, so that, as with the parliamentary protests of 2022, the authorities will not be able to ignore the people. See Our Actions Planned for 2024 for more detail.



NZDSOS

New legal support for doctors

Along with our colleagues across the ditch, the [Australian Medical Protection Society \(AMPS\)](#), we have established the [New Zealand Medical Protection Society \(NZMPS\)](#), that is run by [Red Union](#). This organisation was born out of the dissatisfaction with political influence in the Queensland Nurses Union and has expanded to offer independent union services to many professions including, doctors, nurses, police and teachers in Australia and New Zealand. The NZMPS and its sister organisations the [Nurses Professional Association of NZ](#) and [The Teachers' Professional Association of NZ](#) provide professional indemnity insurance and union services to professionals that is independent of political



influence. NZMPS epitomises an organisation that is by doctors for doctors.

NZDSOS has initiated a Judicial Review into the use of the (now revoked) Guidance Statement on covid-19 vaccination by the Medical Council of New Zealand (MCNZ) to investigate and prosecute doctors who used their right of free speech and stood on their principles. Further action is being explored.

We provide a forum for our members for discussion, support and advice as they navigate through the actions by the MCNZ and the Health and Disability Commission. The three NZDSOS members who appealed against their Practising Certificates being suspended have had these actions overturned successfully by the courts.

Actions to establish an alternative medical regulator

Early in our inception, NZDSOS helped to establish a medical regulator based on principles of integrity, honour and respect, [The Wakaminenga Health Council](#). While the authorities have temporarily shut this down, ongoing actions are underway to establish a lawful organisation, free from political and industry influence, that serves both the people and the practitioners.



By the numbers

Top 5,000	<i>Websites in Health Conditions & Concerns online today.¹</i>	50,600+	<i>Signed our Declaration within the first six months of posting, including:</i>	4,000+	<i>Patients helped in the first year that NZD Health Help Line was established.</i>
16 million	<i>Viewed our hashtag #StopTheSilence on social media during our 2023 July media campaign.</i>		<i>115 Registered New Zealand Doctors,</i>	2,000+	<i>Patients receiving ongoing general practice and integrative medicine services from the NZD Health Help Line clinic.</i>
50,000+	<i>Organic impressions achieved on our most popular social media post in 2023.</i>		<i>1,237 New Zealand Nurses,</i>	227	<i>Blog posts published in 2023, providing a valid and authoritative perspective on NZ's medical response to covid and other health freedom matters.</i>
40,890+	<i>Social media followers across Facebook, Twitter, Telegram, Gab & Gettr.</i>		<i>48 New Zealand Pharmacists,</i>		
3.3 million	<i>Emails delivered to our subscribers in 2023.</i>		<i>63 New Zealand Dentists,</i>	~3 years	<i>Of posting information and evidence, speaking out with science (Our 3 year anniversary is in April 2024).</i>
278,301	<i>Clicks to our website from our newsletter in 2023.</i>		<i>21 New Zealand Veterinarians,</i>		
22,000+	<i>Monthly visits spending more than 5 minutes on our site.¹</i>		<i>2632 New Zealand Allied Health Practitioners,</i>		
95%	<i>Percentage of our website traffic from NZ.</i>		<i>122 New Zealand Dental Healthcare Workers,</i>		
476	<i>Average number of monthly donors in 2023.</i>	1010	<i>728 New Zealand Scientists / Academics,</i>		
6,043	<i>Donations in 2023 contributed by over 1,600 donors.</i>		<i>43,090 New Zealand Citizens,</i>		
~2,300	<i>People attended the 2023 NZDSOS Conference in Auckland, on live stream and in-person.</i>	60+	<i>138 International Physicians, and,</i>		
22	<i>Red Remembrance events held across NZ in 2023 November.</i>		<i>2,425 International Citizens.</i>		
			<i>Letters from the public urgently sent to the then Minister of Health, Andrew Little, about the non-availability of an effective treatment, ivermectin, during the height of the pandemic.</i>		Over 4,000 patients were seen in the first twelve months that the NZDSOS clinic was established. Most of these were for medical certificates (for mask and injection exemptions) as well as treatment for covid. As the mandates rolled out, the focus moved to treating "vaccine" injured. The clinic is now providing general practice and integrative medicine services. In the last two years we have provided services to close to another 2,000 patients.
			<i>Letters from NZDSOS sent since 2021 to authorities & regulators pointing out the harms of failing to provide early treatment and the harms of the injections.</i>		During the height of the pandemic, a staggering 1,010 letters were urgently sent by the public to then Minister of Health, Andrew Little. These heartfelt pleas expressed deep concern over the non-availability of an effective treatment, ivermectin. It is imperative that we unite in solidarity to address this pressing issue. Let us remember the Hippocratic Oath, the NZ Bill of Rights, and the Nuremberg Code.

¹According to [SimilarWeb](#) - February 8, 2024



Art by a Kiwi who unfairly lost their job due to covid mandates. Contributed by 'Healthyback' on redremembrance.co.nz

Actions in 2023

Growing the Movement

In speaking out against medical tyranny and supporting the mandated and the vaccine injured we are building a community and providing information as well as moral and practical support, to enable Kiwis to participate in improving NZ's current situation.

These are some highlights from events held in 2023:

January: Save Our Supplements Campaign

This social media campaign drove awareness of the proposed Therapeutic Products Bill, to which many people added their "objections". We consider it a win for New Zealand to see that the government has repealed the Therapeutics Products Act.

April: NZTSOS Court Case

NZDSOS members have actively supported the New Zealand Teachers Speaking Out with Science legal appeal against the mandates. The outcome of this appeal is still pending.

April: 2nd Anniversary

NZDSOS celebrated two years of hard yakka and the first successes.

28 June: Call to gather in support of Dr Alison Goodwin

A call for peaceful demonstration was issued to the community to support Dr Goodwin in Wellington District Court, as the appeal against her suspension was heard. Dr

Goodwin had waited 16 months to be heard, and Judge Kelly determined suspension was not a proportionate response by the MCNZ to its concerns and reversed the MCNZ decision to suspend Dr Goodwin.

June-July: #StopTheSilence Campaign

An online campaign across social media and email to drive awareness to the ongoing plight of doctors in NZ that are still muzzled and silenced for abiding by their oath of First Do No Harm, Informed Consent, and advocating for patients' rights to refuse treatment. The #stopthesilence hashtag reached 16 million, promoting [global recognition](#) of the draconian measures still present in NZ.

16 September: Conference 2023 Truth, Justice & Healing held at Eden Park, Auckland

This conference drew over 1,000 in-person attendees and over 1,300+ virtually (and counting!). The event was hosted by Paul Brennan, and featured riveting presentations by Dr Matt Shelton, Dr David Nixon, Dr Guy Hatchard, Jodie Bruning, Dr Aseem Malhotra, and Dr Chris Neil.

September: Speaking Tour with NZMPS Featuring Dr Malhotra

NZDSOS collaborated with Red Union to bring awareness to NZMPS and participated in the promotional speaking tour with Dr Malhotra. Drs Matt Shelton and Cindy de Villiers supported Dr Malhotra by speaking in Dunedin, Nelson and Queenstown.

15 November: Red Remembrance

Across New Zealand, 22 separate events were held to commemorate the day vaccine mandates were introduced across this country. Meant to acknowledge and commemorate those that have been bereaved, vaccine injured, or were mandated out of their work and economic security, the events attracted attention and participation from dozens to hundreds of Kiwis holding placards and standing with us (numbers varied depending on location). Vaccine-injured people stood to tell their stories, and pages of vaccine-injury stories were submitted on the [Red Remembrance website](#), evidence that people are still silently suffering from injuries despite this not being reported widely.

8-9th December: Representation at Australasian Integrative Medicine Association (AIMA)

Drs Alison Goodwin and Anne O'Reilly represented NZMPS at the AIMA conference, promoting the newly established indemnity provider and union for health care workers.

January 2024

NZDSOS contributed to the Australian Medical Professionals Society's Peoples' Terms of Reference for the Australian [COVID-19 Royal Commission](#).



Ongoing Actions from 2023 into the future

Collaboration

NZDSOS is joining forces with similar organisations, fighting for medical freedom across the world. We are helping to form local chapters of [World Council for Health](#) and [Children's Health Defense](#), are involved in the [New Zealand People's Health Alliance](#), the Vaccine Injury Peer Support network, and in the setting up of the [World Health Board](#). Our members attend regular scientific meetings with many global colleagues, discussing research and strategy.

We continue to collaborate locally in New Zealand with [many groups](#), collecting a sadly growing archive of deaths that are related to the covid injections until proven otherwise.

Media appearances

Members of NZDSOS have appeared on local and international media platforms including [Reality Check Radio](#), [TNT Radio](#), [Children's Health Defense](#), [FreeNZ](#), [Club Grubbery](#) and [Cafe Locked Out](#). We have also produced our own [videos](#), aiming to increase our reach as we progress in 2024.

Meditation

Free weekly meditations are provided on our [Mind Health channel](#) lead by Dr Anne O'Reilly, Rob Maunsell or others.

Webinars

For regular donors, NZDSOS hosts a monthly online webinar, covering topics related directly to the time of

covid, as well as other health topics and actions taken in New Zealand.

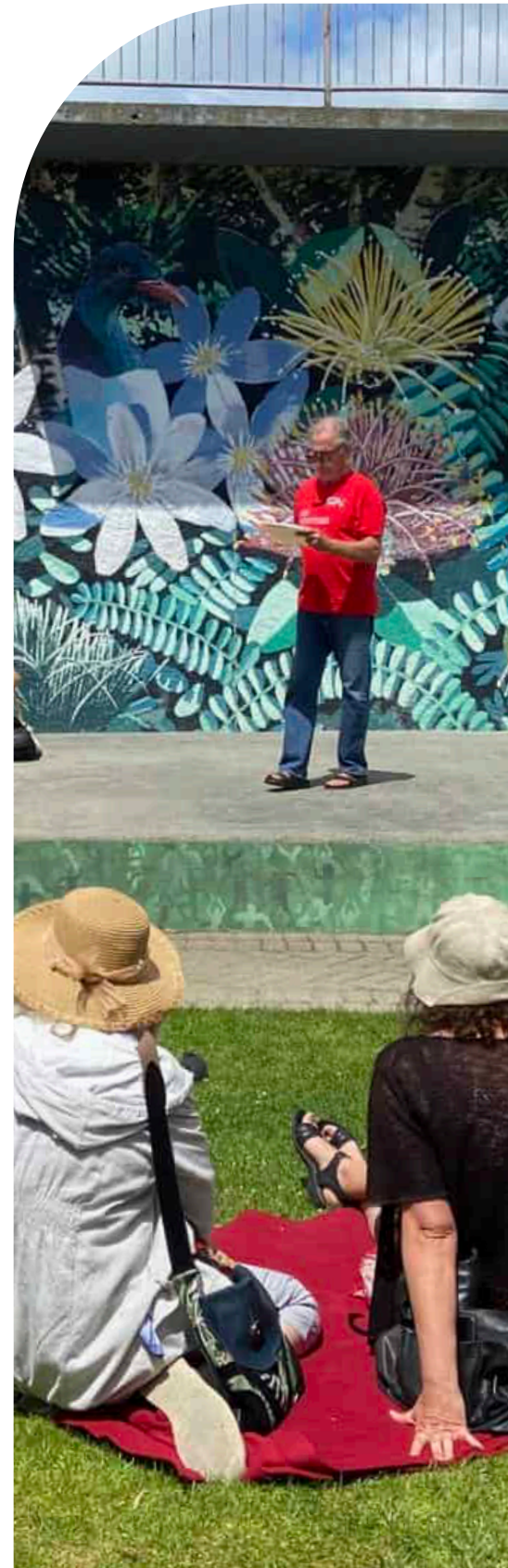
Public education

A series of community classes have been held, empowering members of the public to take care of minor health matters. These classes have also served as a fund-raiser.

Our many website posts have reached hundreds of thousands of New Zealanders, providing a vital counter to the increasingly disbelieved mainstream. We endeavour to communicate the stream of bad news being published on the 'what, why, when and how' of the lethal jabs with a special focus on our home country of course. We continue to bring to light political and regulatory actions in the health sphere that appear dishonest and point readers to actions they can take to fight for personal and national freedom.

Truth Project & Red Remembrance stories

We have established two archives: [one archive](#) where health practitioners can anonymously report what they are seeing in the health care sector, and a [public archive](#) of personal stories from those who suffered from the vaccine mandate or sustained vaccine injury. These do not make for easy reading, but they allow often silenced individuals to tell their stories. The information in these archives may help to reinforce the requirement for acknowledgement and compensation once the whole ugly truth of the covid response is laid bare.



NZDSOS

Getting at the information they don't want us to see

NZDSOS along with many other individuals have persistently written Official Information Act requests including to Medsafe, the Ministry of Health, CARM and ACC on topics ranging from the legality of prescribing ivermectin (allowed as it turns out) to the possible apparent purchase of covid tests even before the pandemic began. This is an often confusing task and we are investigating creating a publicly available archive of requests and replies.

Communicating with authorities

While at times it may seem that our many hours of compiling research and data are ignored, not only are we fulfilling our civil and moral duty to advise our elected officials, and the myriads of individuals who work in regulatory and governmental positions, of the harms perpetrated on the people of New Zealand, we also have a historical record that we have done so.



Some messages from those we've helped

“I was very scared not knowing what was going [on] with me as I had never experienced these symptoms [pressure headaches, brain fog, and unclear vision] before. There was no support from my doctor, the government or any specialist. I felt alone suffering.

Fortunately a friend of mine recommended me to contact Health Help Line. I booked an appointment with Dr Emma Sandford. She was the first person who understood what I was going through and she made a plan how to get better. She had a conventional medicine and holistic approach combined which was the best treatment I could ever had. My symptoms improved and I continued to see Dr Emma Sandford for other conditions. I find her advise invaluable. I would recommend to anyone to see her or other doctors from Health Help Line in relation to vaccine injury or any other condition.”

Contributed by Mariya

“I rejoice at this seeming victory Doctor Alison Goodwin has won, not only for herself, but for us who stand with her and reject this whole narrative and farce of the so called c]vaccinations [sic] that are anything but. I do not have enough words to praise her for her courage and tenacity in taking on this beast she is seeking to overcome for hers and us all.”

Rob N.

“I reached out for support from the NZDSOS team when I had [got sick from] the Omicron variant, they were excellent in their support.”

Terry S.

“It was a relief to be a room with a 1,000 sane people [Conference 2023], I was starting to wonder if there were even that many left in the country”

Anonymous

“You gave me courage to stand for Informed Choice regardless of the consequences and I am SO pleased I did.”

Anonymous

“I am SO VERY THANKFUL for you guys at NZDSOS!! Not sure how I would have coped through everything going on! You all helped so many people and obviously still do!!! Thank you”

Anonymous

“Thank you for standing up to the lies perpetrated on us all about the jab being 'safe & effective'. You sounded the alarms but were ignored & even worse, shut down. Those responsible for this assault on your freedom to practice as professionals will eventually reap what they have sown. God bless NZDSOS!”

Anonymous

“Thank you NZDSOS for all of your hard work and bringing realism & sanity to this weird and strange reality.”

Anonymous

“I am a firm believer in the truth and admire those who speak out against all the lies and propoganda we are fed via MSM.”

Anonymous

“I appreciate and admire what your team do. Thank you so much for your courage and perseverance. I'm a mandated nurse and I haven't had a single moment that I regret being unv. Your work is crucial for the future of health care in NZ. Thank you so much!”

Anonymous



Objectives for 2024

- **Abandonment of the covid injections** by the NZ government and its regulatory bodies.
- Advocating for and contributing to a covid inquiry with broad Terms of Reference.
- Supporting and bringing awareness to the vaccine injured.
- Reforming the medical council.
- Bringing awareness to and opposing the IHR amendments and Pandemic Treaty.

Shaping the future: Actions planned for 2024

2024 - Ongoing - Continue and complete MCNZ legal action.

2024 - Ongoing - We are working on the Terms of Reference (ToR) that we want to see included in the inquiry. Broadly, these will encompass the harms and the efficacy (or lack thereof) of the injections, masks, distancing and lockdowns. We also expect an analysis of the broader impacts to society of the covid response including the separation of families, the loss of small businesses, the long-term effects of closing schools, and the ethics of the tactics used to create fear and compliance in the population. Last but not least an in-depth inquiry into the Pfizer contract, the overriding of Medsafe by a secretive government committee, the Medicines Assessment Advisory Committee, to give provisional approval to the Pfizer injections and the influence of NGOs, philanthropic organisations,

professional associations (e.g. International Association of Medical Regulatory Authorities) and industry on academic and regulatory institutions.

Gathering on 29 February at Parliament - remembering the beginning of the 'pandemic' (2020), the start of the vaccine roll-out (2021) and the protest (2022). We will be presenting a statement to government regarding the covid injections and presenting our ToR for the inquiry.

February 2024 - Filing our objection to amendments to the International Health Regulations (IHR). <https://consult.health.govt.nz/public-health-agency/proposed-amendments-international-health-regs/>

April 2024 - Rebrand and renew website for improved usability, functionality, and presence.

April 2024 - Rebrand and expand the NZD Health Help Line Clinic into NZD Holistic Health Collective.

15-18 August, 2024 - Christchurch - Exhibit at a Continuing Medical Education professional development conference.

September 2024 - 2nd Annual NZDSOS Conference, tentatively planned for two locations: Auckland and Christchurch. Watch for big names to join the panel!

16 November - Red Remembrance gatherings across NZ.

2024 - Ongoing - Pop-up events as needed in response to developing situations where our contribution can make a difference.



Key financial metrics

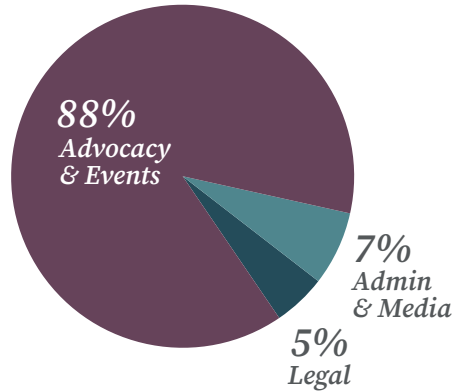
The financial position of the NZDSOS organisation remained stable over the last year, which is significant given that many nonprofits struggle against declining interest after an initial burst of public engagement. Even as the government stepped back covid measures in 2023, some companies and businesses continued to require proof of injection from their employees. Threats to our health and sovereignty are not over, so this organisation remains committed to advancing its work into 2024.

We achieved this solid position by amplifying social channel engagement, organising more public events, growing our fundraising base, hosting Conference 2023 in September, and increasing the usage of our website to share breaking news and developments.

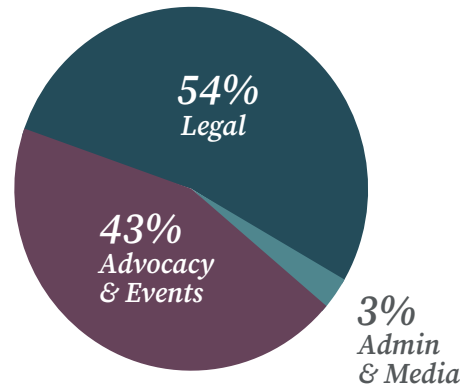
NZDSOS does not accept government funding or peddle influence in exchange for corporate donations. It maintains an independent platform and remains funded by generous donors who believe that what we do is crucial to New Zealand's future.

This stable (and hopefully improving) position will enable NZDSOS to continue its push for change in the year ahead.

2023



2022



Thank you

Thanks to donations big and small, we've risen as an undefeated voice in support of medical rights for New Zealanders. Individual donations ranged from a \$0.50 a month recurring contribution, to a legacy gift of \$9,000.

All contributions—even when it's spreading the word—create a significant impact that individually would be impossible. When many in our community have been mandated out of a job, are struggling financially, and/or suffer from vaccine injury, we are incredibly grateful to all the souls who believe that what we're striving to accomplish is essential. Thank you!

—The NZDSOS 2023 Team

STEERING COMMITTEE

Dr Matt Shelton

Dr Anne O'Reilly

Dr Cindy de Villiers

Dr Jacques Imbeau

Dr Alison Goodwin

Dr Mark Pinkerton

Anonymous, GP

Anonymous, GP

STAFF

Anna McLoughlin

Anna Petley

Helen Tindall

Special Thanks to Our Volunteers

Global and Local Alliances

We are not alone. We are one of many calling for change.

[Dr Emanuel Garcia's substack](#)

[Dr Latus Dextros substack](#)



Notes



NZDSOS

nzdsos.com

Join the Discussion.
Become a Monthly Supporter.

nzdsos.com/donate/monthly

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