



# ANNUAL REPORT 2024



# INTRODUCTION

As we reflect on 2024, we are filled with immense gratitude for your support and commitment to the work of New Zealand Doctors Speaking Out With Science (NZDSOS). Over the past year, we have grown united in our pursuit of medical freedom, particularly that of doctors to speak freely about valid informed consent, health and sovereignty.

NZDSOS emerged from an open letter by a group of doctors supporting lawyer Sue Grey's legal challenge against the widespread rollout of the Pfizer injection under provisional consent. That letter sparked a nationwide response, and doctors who were increasingly concerned about the NZ government's covid response gathered together and became NZDSOS. People with questions about the covid-19 (c-19) response sought answers from medical professionals willing to examine the issues critically and speak out.

What began as a call to action has evolved into a movement—a collective determined to challenge injustice, uncover the truth, and empower communities. Fueled by the desire for informed choice and ethical healthcare, and **no** mandated medical procedures ever again, we have continued to illuminate the path toward transparency, accountability, and better health outcomes for all Kiwis.

Thank you for standing with us on this journey.





# CORE VALUES

At NZDSOS our work is guided by three foundational principles that shape everything we do:



## MEDICAL FREEDOM

Defending the right to informed and uncoerced healthcare and the freedom for doctors to provide care aligned with their professional integrity, ethical obligations and in their role as citizens to speak freely.



## ACCOUNTABILITY

Advocating for transparency and accuracy in information while holding systems and individuals accountable for public health decisions that cause harm.



## SOVEREIGNTY

Empowering both New Zealanders and medical professionals to reclaim control over healthcare and life decisions, free from undue influence or unaccountable external forces.

These pillars guide and inspire us as we face the many challenges ahead.

# 2024 ACHIEVEMENTS

This has been a pivotal year for NZDSOS. We have accomplished a lot, which has only been possible because of your support.



## KEY MILESTONES IN SOVEREIGNTY

### **29 February – Taking Concerns to Parliament**

On the second anniversary of the February 2022 Camp Freedom protest before parliament, NZDSOS marked a significant milestone by hand-delivering a formal letter of concern about covid-19 injections to Deputy Prime Minister Winston Peters and MP Tanya Unkovich. This letter laid bare mounting evidence of harm from the injections and strongly urged their immediate suspension. Mr Peters' personal acknowledgment of the letter was a critical breakthrough, which we hope will lead to further action.

### **May–June – Speaking Out Against the WHO Pandemic Treaty**

NZDSOS joined international allies in Geneva to challenge the WHO's proposed Pandemic Treaty—a measure that threatens New Zealand's healthcare sovereignty. This action highlighted the risk of global overreach and emphasised the importance of the global freedom community and the necessity of safeguarding local political and public health decision making.



## LEGAL ADVOCACY

### **16 May – Standing Against Mandated Water Fluoridation**

Together with Fluoride Free New Zealand, we contested the Hastings District Council's decision to reinstate water fluoridation while a Bill of Rights assessment was outstanding. This case brought ethical and public health debates about informed consent and the right to decline medical treatment to the forefront. While the initial ruling did not favour us, it sparked critical discussions about personal choice in public health. Our legal team remains resolute, currently appealing against hefty costs imposed while continuing to advocate for freedom of health care decisions.

### **23–24 September – Defending Independent Medical Practice**

NZDSOS took the Medical Council of New Zealand (MCNZ) and the Dental Council to the High Court, challenging the April 2021 Guidance Statement that silenced doctors thereby hiding the truth about c-19 and the jabs from the public. Although the ruling was not in our favour, this case illuminated the chilling effects of regulatory overreach, and contributed to conversations about truth, trust, professional autonomy, and patient-centred care. We are planning an appeal.

The stifling of doctors' voices continues to harm New Zealand's medical profession. One-size-fits-all policies dictated from on high prevent practitioners from acting in a patient's best interest based on evidence and their professional judgement. Our work represents a broader struggle to uphold integrity across the health sector and ensure that practitioners feel supported—not silenced.

### **Medical Advocacy**

We have continued in a small way to support a number of individuals with their vaccine injury Accident Compensation Corporation (ACC) claims.

## ENGAGING WITH THE WIDER PROFESSION

### **16–18 August – Breaking Silence at GP CME Christchurch**

Covid was on the agenda for the first time in four years at the GP CME (Continuing Medical Education) Conferences held in Rotorua and Christchurch this year, which were well attended by GPs from across the country. NZDSOS members attended both conferences and had an exhibition at the Christchurch event in August. NZDSOS created a number of resources to share with health professionals. Some conversations with other members of the profession were sparked but it seemed many 'mainstream' GPs still do not want to discuss the issues caused by the response to c-19. We continue to reach out to our colleagues.



## **8 September – Advocacy at the Royal Commission of Inquiry**

Our submissions to the Royal Commission of Inquiry pulled no punches, drawing attention to censorship, persecution, and harm caused to the medical profession by pandemic policies. Though the Commission appeared predisposed to justify government actions, we hoped that our statements would be recorded and understood that health professionals who had questions or different points of view were silenced and censored. Under Phase 1 we were unable to speak about the topic we are most concerned about and that is harm from the 'vaccines'.

## **September – NZDSOS Empowering Change Conference**

This landmark conference featured several international medical speakers including, Professor **Paul Marik**, and **Professor Angus Dalglish**, and **David Charalambous** whose expertise captivated attendees. We also heard from lawyer **Katie Ashby-Koppens** about legal action occurring in Australia. The powerful presentations, alongside discussions from local speakers, bridged the gap between official public health narratives and the realities experienced by Kiwis. The conference highlighted the urgent need for reform in New Zealand's healthcare system and brought together many who have felt alone in the last four years.

## **November – Safe and Effective Roadshow**

Four cities hosted this dynamic roadshow, where NZDSOS members and others connected with new audiences. A wide variety of topics were covered during the day-long events including some science, the bigger picture, dentistry, the potential for new health care systems, pharmacovigilance and legal action. The audiences also heard from local speakers at each venue and heard first hand from Kiwis who had experienced severe adverse events following their by c-19 vaccinations.

## **16 November – Red Remembrance Day**

Across 15 communities, for the third year in a row, we commemorated those harmed by mandates and by vaccines. Red Remembrance Day was a poignant moment of grieving and solidarity, and also served as a rallying cry for accountability within our public health systems. It reminded us all of the real human cost of health policy failures and strengthened our commitment to bringing about change.



# 2024 OFFICIAL CORRESPONDENCE TIMELINE

NZDSOS delivered extensively referenced letters, citing scientific information, to authorities and decision-makers in 2024:

## LETTER TO THE NATIONAL HEART FOUNDATION OF NEW ZEALAND

NZDSOS called for the immediate suspension of c-19 vaccines, citing acute cardiovascular harm linked to the injections.

10  
JANUARY

## POST-VACCINE CLOT INVESTIGATION REQUEST

Addressed to Dr Elizabeth Roberts, Vice President of Royal College of Pathologists of Australasia, and Chief Coroner Anna Tutton, this letter highlighted unusual white, rubbery clots linked to vaccinated individuals, urging prompt investigation.

29  
FEBRUARY

28  
MARCH

## NOTICE OF LIABILITY TO KEY OFFICIALS

Delivered to 20 top decision-makers, including Prime Minister Chris Luxon, outlining potential legal liabilities for continuing the vaccine rollout amid evidence of harm. Posted by registered mail.

29  
APRIL

10  
JULY

## URGENT LETTER ON DNA CONTAMINATION

Addressed to public health officials, the letter highlighted and condemned DNA contamination found in Pfizer's Comirnaty vaccine, demanding its withdrawal and an independent investigation.

14  
OCTOBER

24  
DECEMBER

## LETTER TO DEPUTY PRIME MINISTER

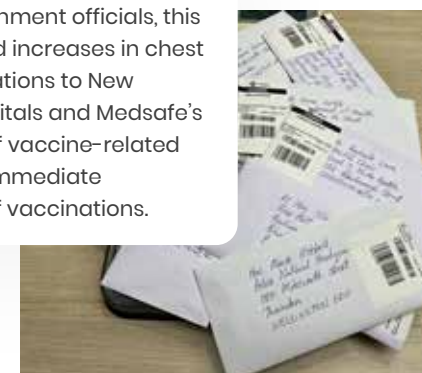
Presented in person to Deputy Prime Minister Winston Peters, this letter called for the immediate suspension of mRNA covid injections, citing adverse effects, excess mortality, and manufacturing concerns.

## JOINT LETTER TO MEDICAL COLLEGES

Partnering with AMPS, NZDSOS raised concerns over the same rubbery clots observed post-vaccination, calling for a halt to the mRNA vaccine programme pending further examination.

## LETTER ON MOUNTING VACCINE RISKS

Sent to government officials, this letter exposed increases in chest pain presentations to New Zealand hospitals and Medsafe's admissions of vaccine-related risks, urging immediate suspension of vaccinations.



## NZDSOS CONFERENCE 2024 - EMPOWERING CHANGE:

# METHODS, MOTIVATION, AND EVIDENCE

The NZDSOS 2024 Conference, titled "Empowering Change: Methods, Motivation and Evidence" united healthcare professionals, advocates, and supporters to reimagine healthcare and promote medical freedom. Held in Christchurch, Auckland, and via livestream, the event featured thought-provoking discussions and expert speakers.

Professor Angus Dalgleish critiqued pandemic policies, highlighting lockdown impacts and predictable harms from mRNA vaccine technologies, and called for a reassessment of public health strategies.

Dr Paul Marik emphasised preventative care, inspiring attendees to focus on wellness over sickness and challenged the current healthcare model.

David Charalambous, as founder of Reaching People, was well received, teaching about how to connect with people. He stressed the importance of establishing common ground and shared values in conversations in preference to spouting facts at people.

At the Auckland event, Dr Emanuel Garcia imagined the address that should have been presented to the nation by the PM in Mar 2020.

Dr Alison Goodwin spoke about the history of NZDSOS and Dr Matt Shelton went through the science explaining the harm that has been caused, while Katie Ashby-Koppens provided her story of battling for medical accountability for the Pfizer injections as a lawyer.

Former Qantas pilot Graham "Hoody" Hood (accompanied by John Larter in Auckland) MC'ed the events and closed both conferences with a powerful call for unity and courage.

The conference inspired attendees to champion informed choice, resilience, and compassionate health care, while providing methods to reach out to those who may be looking away.





## EXPANDING COMPASSIONATE, PERSONALISED, NON-DIVISIVE HEALTH CARE IN NZ

In 2024, our health helpline service evolved into the New Zealand Doctors Holistic Health Collective (NZDHHC), building upon the foundation established in 2022. This development reflects our commitment to providing independent, patient-centred health care that honours fully informed consent and personal choice.

Our approach centres on addressing the root causes of health concerns. The collective of health professionals includes GPs, and nurses, with the option of referral to trusted psychiatrists and other specialists who provide comprehensive care through both Telehealth and in-person consultations. We maintain longer consultation times to ensure each patient receives the attention and care they deserve.

NZDHHC embraces a supportive environment where all New Zealanders can access health care without concern about their medical choices. Our health professionals develop personalised care approaches that consider the full spectrum of options, from natural solutions to prescription medicines when appropriate.

By maintaining our independence, NZDHHC ensures that guidance and medical information remain focused solely on patient welfare. This autonomy allows our health professionals to uphold their commitment to "First, do no harm" while supporting individual health care decisions.





## BUILDING KNOWLEDGE THROUGH TRUTH-TELLING

Over the year, we produced more than **158** posts that unpacked global influences on public health, addressed c-19 job harms, and supported our community with resources. Regular donor and professional meetings strengthened connections and shared knowledge critical to our mission.

## SPECIAL THANKS TO OUR MAJOR AND MONTHLY DONORS

At the heart of NZDSOS is a thriving community of over **750** regular monthly donors—passionate individuals committed to championing medical freedom and sovereignty. Our donors contribute not just financially but also through active engagement in exclusive monthly donor meetings, shaping and driving our shared mission.

## SUPPORTER STORIES

At NZDSOS, our work would not be possible without the trust, support, and encouragement of individuals from across New Zealand. Your stories inspire us, strengthen our resolve, and remind us why standing for truth and informed choice matters.

Here are some of the heartfelt testimonials shared by our supporters this year, highlighting the diverse backgrounds of those who stand with us:

“

I realised early on that it was a scam. I have 4 adult offspring and 4 grandchildren. I convinced my offspring it would be dangerous to take the 'gene therapy' and that it wasn't a vaccine... The most scary thing is 'The Gene Technology Bill' being introduced into parliament! Thankfully none of the jabbed have had any bad side effects but you just don't know what could happen in the future.

- ANONYMOUS (RETIRED, AUCKLAND)

“

It has been invaluable to know honest doctors and medical staff made themselves available to help. I didn't personally need to make contact but knowing NZDSOS were there if I needed them saved my sanity. Thank you from the bottom of my heart.

- SANDRA (EMT, RIVERTON)

“

We can't thank you enough NZDSOS for your amazing work. Your commitment to the truth, your integrity and honesty, and your sheer hard work as medical professionals and as wonderful human beings has made such a difference.

- ELVIRA (SCIENTIST, CHRISTCHURCH)

“

As a retired principal, I thank you for caring for those who have yet to recognise what harm has been done. It is not over but with warriors like yourselves, the battle is not lost. God bless you all.

- STEPHEN (RETIRED PRINCIPAL, TAURANGA)

“

I thank you most sincerely for all your hard work. I still battle the isolation everyday as my family have closed their ears and, for whatever reason, don't want to hear anything about 'C' any more. Reading your regular messages gives me a glimmer of hope that the truth will eventually get out.

- SUE (SMALL BUSINESS OWNER, LOWER HUTT)

“

Simply put, the knowledge that there are health professionals out there who aren't involved in the biggest lie in NZ medical history is reassuring, and gives enormous hope to those of us who were hesitant and dubious from the start. Your sensible, common sense posts on social media have been a steadying force to counter the fear mongering and false claims from legacy media, the government, and the treacherous medsafe and NZMC.

- GREG (RETIRED, AUCKLAND)

“

It has been so rewarding and therapeutic to receive your updates, particularly after coming home from a job each day where 'alternate' views are not discussed or valued. You are an incredible bunch of people and your articles remind me to keep up the faith. Aroha nui.

- ANONYMOUS (TEACHER, WHANGAREI)

“

No dramatic story from me. I remain fit, healthy and proudly unjabbed. I do think the tide is turning, even if glacially slowly. We need to remember a key principle that sheep will always be sheep. A significant percentage of the population have neither the time or the interest or the cognitive ability for in-depth analysis. Which is why the mainstream narrative matters so much. And that narrative is definitely shifting thanks to NZDSOS locally, and others internationally.

- DAVID  
(LANDSCAPE GARDENER, WHANGAREI)

“

All of you at NZDSOS are totally awesome and courageous. You're doing a great job of educating us, inspiring us and providing balance in the huge amount of propaganda and criminal actions around the gene therapy foisted on us. I've noticed lately you've been posting more about ways to keep ourselves healthy. I'd like to see a lot more of this, in bite size pieces.

- VICKY (RETIRED, WAIROA)

“

A friend told me how well NZDSOS supported her husband when he had pneumonia. I was impressed by her testimony. Another story from a different friend told how you supported a young woman who was trained in massage and experienced a severe skin reaction from massaging a waxed person.

- ANONYMOUS  
(SOCIAL WORKER, AUCKLAND)

# A YEAR OF CONNECTION AND KNOWLEDGE

Our online monthly donor meetings foster ongoing connections, offering a platform for like-minded individuals to exchange ideas and learn from leading voices in health, integrative medicine, and advocacy. Here's a snapshot of the guest speakers who joined our meetings in 2024:



## APRIL – DR FRE TIMMERMANS

Dr Timmermans, with over 40 years of clinical experience, highlighted the vital connection between oral health and overall well-being, offering actionable insights to enhance health through modern dental care.



## MAY – DR EMMA SANDFORD

Integrative GP Dr Sandford captivated our community with her holistic approach to health, nurturing mind, body, and spirit through ethical and compassionate medical practices.



## JUNE – GRANT ANDREWS

Grant Andrews introduced us to HeartMath, a science-based method linking stress, emotions, and the heart-brain connection. His practical tools were aimed at helping attendees transform stress into resilience and clarity.



**JULY – DR BRUCE DOOLEY**

Renowned for his work in integrative therapies, Dr Dooley inspired the group with strategies for preventative health, empowering us to maintain vitality and avoid disease.



**AUGUST – LOUISE BURNSIDE**

Louise Burnside, NZDSOS Pharmacist discussed puberty blockers and gender dysphoria. She covered the drugs used in New Zealand, safety concerns, as well as looking at some of the controversy and politics around their use.



**OCTOBER - DR EMANUEL "MANNY" GARCIA**

Dr Emanuel "Manny" Garcia, psychoanalyst, psychiatrist, author and advocate for human rights and truth spoke on the covid psyops and the corruption of the global medical industrial complex.



**NOVEMBER - DR MATT SHELTON**

A champion for truth and justice, Matt has courageously dedicated himself the past years to the corruption of medicine by big pharma, exposing the disaster of the government injection and seeking accountability and justice for the harms incurred.

# 2024 SUPPORTER ART



## CHRIS BARRY, SKETCH ARTIST

Chris, whose art is featured above, has been drawing most of her life but began sketching on location in 2018 when she joined the global urban sketching movement, dedicated to capturing the world in real time through art. She created a series of sketches at the Empowering Change conference, visually documenting the event as it unfolded.



## "OM" - CONTRIBUTED, ANONYMOUS

This word cloud was thoughtfully composed from the personal accounts of vaccine-injured individuals in New Zealand, representing their shared experiences and voices.

# LOOKING AHEAD TO 2025

## TACKLING URGENT PUBLIC HEALTH CHALLENGES

As we progress into 2025, NZDSOS remains steadfast in its mission to stop c-19 injections and mRNA technologies while advocating for thorough investigations into the harm they have caused. We also aim to tackle essential issues, including:



### WITHDRAWING FROM THE WHO

NZDSOS will support efforts to empower New Zealanders to take control of health policies through a citizens-initiated referendum to exit the WHO



### THE ROYAL COMMISSION OF INQUIRY

Contributing to its next phase, ensuring the full truth about our pandemic response is publicly revealed.

### ADDRESSING DNA CONTAMINATION IN VACCINES

Emerging research has identified DNA contaminants in mRNA vaccines, raising potential genetic risks. NZDSOS has alerted policymakers and is working with international experts to assess long-term public health implications, highlighting the need for action.



## CHALLENGING THE MCNZ

NZDSOS is appealing the court ruling that upheld the Medical Council of New Zealand's Guidance Statement. The appeal focuses on defending doctors' rights to prescribe approved treatments like ivermectin, challenging restrictions on sharing medical opinions, and advocating for informed decision-making in healthcare.



## PUBLIC AWARENESS CAMPAIGNS

Expanding community understanding of critical issues such as mandatory fluoridation, gene-based medical treatment risks, and government overreach.



## ENGAGING THE ISSUES

Plan to launch specific actions focused on DNA Contamination in c-19 Injections, Opposition to Gene Technology Bill, and Stop Biometrics Legislation. We plan to exhibit at the GP CME again to reach out to our colleagues. We are considering the best way to connect with our larger community, be it a further conference or roadshow.



In April 2025, NZDSOS will also proudly celebrate its 4th birthday, marking four years of dedication to doctor and patient advocacy.

Through these efforts, NZDSOS will empower more individuals to join the movement for medical freedom and true health.



# IN MEMORIAM 2024

This year we honour three remarkable freedom-fighting professionals who dedicated their lives to medical freedom and patient care.



**DR MIKE GODFREY (1938 -2024)**

A respected New Zealand doctor who combined traditional medicine with integrative approaches, Dr Godfrey's work in alternative health care spanned decades. After retiring to the Bay of Plenty with his wife Anne, he continued sharing his medical knowledge while tending to his orchard.



**DR JACKIE STONE (1965-2024)**

A Zimbabwean physician known for her innovative approaches to patient care during covid. Despite facing significant professional challenges, her work gained international recognition for improving patient outcomes in those who contracted covid, while working in resource-limited 3rd world settings.



**ANNA DE BUISSERET (DATE UNKNOWN-2024)**

A lawyer and former Army officer who advocated for medical freedom and informed consent in the UK. Her expertise in British common law helped many understand their health care rights. She passed away in November 2024.

These individuals embodied the principles of medical integrity and patient choice. Their dedication to health care freedom continues to guide our work.

# JOIN US TODAY

Support NZDSOS through regular contributions and become part of a community dedicated to health care freedom and medical integrity. Your support helps us continue our work in providing independent health care information and advocacy for all New Zealanders.

Health professionals - including doctors, dentists, pharmacists, functional medicine practitioners and veterinarians - are invited to join NZDSOS as professional members. Connect with colleagues who share your commitment to fully informed consent and the doctor-patient relationship.

Visit [nzdsos.com](http://nzdsos.com) to set up your contribution or apply for professional membership. Your involvement strengthens our ability to support health care choice and medical freedom.



## THANK YOU FOR BEING PART OF THIS JOURNEY

Every voice counts. Every contribution matters. With your support, NZDSOS continues to grow stronger, pushing for transparency and sovereignty in healthcare. Join us as we rise together, united and resolute.

NZDSOS thrives because of the passion and perseverance of supporters like you. Looking ahead, we need your involvement to expand our reach to those who are still unaware, influence decision-makers, and continue advocating for New Zealanders' rights.

## 2024 BY THE NUMBERS

Four years on, NZDSOS was the 47th most visited website globally for Health Concerns in 2024

(SimilarWeb - January 2025).

 **381,012**

Website Visits

 **96.23%**

Traffic from New Zealand

 **9,014**

Number of Donations

## WHAT YOU CAN DO

### ENGAGE

Share your feedback on critical issues affecting the health of New Zealanders.

### ADVOCATE

Join us in upcoming actions to push for accountability and reform.

### DONATE

Your contributions fuel our ability to fight for the truth to be revealed.

Together, we can achieve a system where honesty, sovereignty, and health equity prevail.

Visit [nzdsos.com](https://nzdsos.com) to support, learn more, and stay informed.

